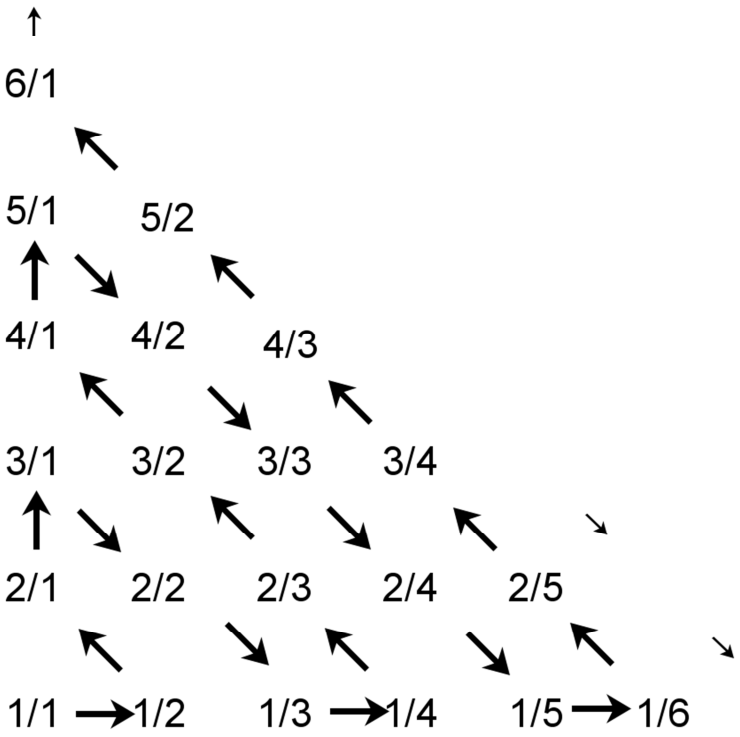Les rationnels sont dénombrables